## **ORIGINAL RESEARCH ARTICLE**

# Motivation of emergency medical services volunteers: a study of organized Good **Samaritans**

Michael Khalemsky<sup>1\*</sup>, David G. Schwartz<sup>1</sup>, Raphael Herbst<sup>2</sup> and Eli Jaffe<sup>2</sup>

## Abstract

**Background:** Early professional care in emergencies is beneficial in general and its utility has been proven in many studies, particularly in regard to out-of-hospital cardiopulmonary arrest. A person in distress can expect help from two sources: bystanders, including family members, community members, and complete strangers; and professionals, including emergency medical services, first responders, firefighters, and police officers. Emergency Medical Services try to achieve faster first response times through various approaches. Recent technological and social developments have enabled a new form of Emergency Medical Services volunteering, called Organized Good Samaritans, which represents a new layer between occasional volunteers and time-donation volunteers. Organized Good Samaritans are people with a medical background, particularly off-duty medical professionals who are willing and able to provide first aid in emergencies in their vicinity.

Methods: A qualitative formalization of technology-enabled Organized Good Samaritans is presented. One thousand eight hundred Israeli National Emergency Medical Services volunteers were surveyed using Clary and Snyder's Volunteer Functions Inventory instrument. Demographics, professional backgrounds, and volunteering functions of Time-Donation Volunteers and Organized Good Samaritans are compared.

Results: Significant differences between Organized Good Samaritans and Time Donation Volunteers were found. Demographically, Organized Good Samaritans are older and the percentage of males is higher. Professionally, the percentage of physicians and nurses among Organized Good Samaritans is higher. Motivation measures find that the motivation of Organized Good Samaritans is higher and the order of importance of the volunteering functions differs.

(Continued on next page)

\* Correspondence: khalemsky@gmail.com

BMC

<sup>1</sup>Graduate School of Business Administration, Bar-Ilan University, Ramat Gan, Israel

Full list of author information is available at the end of the article



© The Author(s), 2020 Open Access This article is licensed under a Creative Commons Attribution 4.0 International License.

which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give



Israel Journal of

Health Policy Research



**Conclusion:** A clearly identifiable and differently motivated class of emergency services volunteers has emerged. An appropriate information technology infrastructure enables Emergency Medical Services organizations to integrate Organized Good Samaritans into core business processes to shorten response times to emergencies. Organized Good Samaritans provide a volunteering opportunity for highly skilled people unable to be Time-Donation Volunteers. Our findings provide an empirical basis for further research on Organized Good Samaritans integration into Emergency Medical Services operations. Emergency Medical Services administrators can use these findings to establish an Organized Good Samaritans infrastructure and adjust recruitment and retention. This study is limited to one national Emergency Medical Services organization in Israel. Cultural differences can impact results in other countries. Organized Good Samaritans effectiveness should also be studied in terms of response times and medical outcomes.

Keywords: Volunteer, Good Samaritans, Emergency services, Motivation

## Background

A person in distress can expect help from two sources: bystanders, including family members, community members, and complete strangers; and professionals, including emergency medical services, first responders, firefighters, and police officers.

Early professional care in emergencies is beneficial in general and its utility has been proven in many studies, particularly in regard to out-of-hospital cardiopulmonary arrest (OHCA) [1–3]. Emergency Medical Services (EMS) organizations and health policy makers try to achieve faster response times through various approaches, but time remains a significant factor. Although there is no universally accepted standard for EMS response times, the most widely used goal is to respond to 90% of calls within 9 min in urban areas and within 15 min in rural areas [4]. The impact of elapsed time is significant. For example, in cases of OHCA, the survival rate decreases by 10% for every minute of delay in initiating cardiopulmonary resuscitation (CPR) [5]. People in distress often must rely on Good Samaritan response until ambulance arrival. For example, one 2013 study shows that bystanders performed CPR in 40.1% of OHCA events in the US [5].

Until only recently, a Good Samaritan had to eyewitness an emergency or hear a cry for help in order to act. A medical doctor, even one who volunteers regularly for a local EMS or fire department, could be sitting in a cafe unaware that someone needs critical care 100 m away.

Technological advances and the penetration of smartphones provide a new opportunity as two-thirds of Americans [6] and 74% of Israelis [7] now own a smartphone. We can now organize Good Samaritans, record their knowledge and skills, track their location, and inform them about emergency events in their vicinity according to their abilities and responder profile.

For this research the following definition of *Organized Good Samaritans* (OGS) is adopted: *Organized Good* 

Samaritans are occasional volunteers managed and called to action through smartphone apps, when mediated by an organization that holds primary responsibility for responding to the emergency event.

#### Volunteers in emergency medical services

Volunteers form a significant part of the personnel of many EMS organizations [8–10]. In the US, the urban EMS workforce is comprised of approximately 30% volunteers, with rural EMS workforces reaching up to 75% volunteer staffing [8, 10]. In Austria volunteers make up more than 80% of EMS personnel [11] and in Israel about 89% of the National EMS (Magen David Adom or MDA) personnel are time-donation volunteers.

The classic form of volunteering in EMS is by *time donation*, such as one shift per week [10, 12]. EMS organizations experience significant shortages of *time-donation volunteers* (TDV), especially in rural areas [8, 10]. Significant numbers of volunteer-based organizations seek to leverage information and communication technologies to enhance administrative and operational efficiency and effectiveness [13].

### Efforts to achieve faster first aid

EMS organizations and health policy makers try to achieve faster response times through various approaches. These include Automatic External Defibrillator (AED) deployment in public places [14–17]; the use of drones to deliver emergency equipment [18]; and the establishment of different networks of first responders [19-28]. The density of first responders in a given geographic area is strongly correlated with faster first aid [29].

### Good Samaritan response by medical professionals

People help each other in emergency situations and the phenomenon of "bystander intervention" has been vigorously studied over the past five decades [30–34]. Off-duty doctors and other medical professionals have

the highest potential to help given their medical knowledge and training, and have been identified as an important source of volunteers in disaster recovery plans [35]. About 80% of physicians have had an opportunity to provide a Good Samaritan response and 93% agreed to provide help when asked [36–38]. In 1959 California gave physicians immunity from civil liability resulting from provision of a Good Samaritan response and since then all other states have followed suit [39].

#### Smartphone-based networks of volunteers

mHealth is defined as "healthcare to anyone, anytime and anywhere by removing temporal and locational constraints" [40]. Developments in mHealth have led to a sharp increase in the availability of applications (apps) supporting medically motivated physical interaction between app users, leading to potentially significant changes in healthcare delivery and the structure of emergency response organizations [41, 42]. Multiple apps exist in this area, such as Pulsepoint [43], Allergy-Hero [44], and UnityPhilly [45]. An extensive review of emergency response apps can be found in the study by Gaziel-Yablowitz and Schwartz [46].

Most such apps are unmediated by EMS call centers, enabling people in distress to directly ask other app users for help, and potential responders react based on the app information provided. The requester must have the same app as the responder. Mediation by an emergency organization eliminates the aforementioned limitation. EMS mediation also means that the requester does not need to rely on an app, but can resort to the tried and true emergency phone call to 911 (101 in Israel). With EMS mediation of app communications, the command and control center of the emergency service can dispatch OGS to any event, regardless of how it was reported.

Mobilization of off-duty police officers, military personnel, or medical professionals in emergency situations existed long before the smartphone revolution, by means of pagers, two-way radios, and telephones. However, an organization that wants to integrate OGS into its EMS processes needs a completely different technological approach in order to effectively locate OGS who are close to the scene, notify them, and process their feedback about their ability to respond. The "Life Guardians" system developed by MDA [47] includes an app and a server that tracks the location of OGS and dispatches them automatically or at the discretion of a dispatcher. This system has managed thousands of OGS since its introduction in 2016.

#### Motivation and willingness to volunteer

The willingness to volunteer has been studied from several perspectives. Individual characteristics, such as

age, social background, resources, and health status, help predict an individual's voluntary action participation [48–50]. Motives such as altruism, self-actualization, need for power, need for mutual support, and self-esteem explain many aspects of volunteer behavior [51–57]. Organizational factors affecting volunteers such as an organization's values and attitudes have also been studied [58].

Understanding the different characteristics and volunteering functions of volunteers can help volunteerdependent organizations focus their recruitment efforts on the most relevant people and develop programs that help satisfy the volunteers' motives [59–63].

Previous studies have identified several motives for volunteering as a first responder, including altruism, need for social interaction, improvement of skills and knowledge, getting experience for future careers, and self-esteem [64]. Having a flexible schedule and control-ling the decision of when to be on duty were found to be important factors for many volunteers [9, 64].

Motivation and satisfaction can vary between organized volunteers such as TDV and occasional volunteers such as Good Samaritans [55].

Clary and Snyder identified six motivational functions served by volunteering [52]:

- 1. Values volunteering is based on important values like humanitarianism.
- 2. Understanding volunteering in order to learn more or to exercise unused skills.
- 3. Enhancement volunteering in order to grow and develop psychologically.
- 4. Career volunteering in order to get career-related experience.
- 5. Social volunteering in order to strengthen social relationships.
- 6. Protective volunteering in order to reduce negative feelings or problems.

Clary and Snyder [52] developed a widely accepted and validated research tool, the Volunteer Functions Inventory (VFI), which enables assessment of these six volunteering functions.

#### Organized good Samaritans - MDA Life Guardians

Magen David Adom (MDA) is the Israeli national EMS, belongs to the International Red Cross and Red Crescent Movement, and serves as the Israeli Red Cross National Society. MDA has operated a nationwide volunteer first responder (VFR) network since 2000. In 2016 MDA began to integrate the OGS approach into its organizational processes. MDA launched a new program, *Life Guardians*, through which people with medical certification or training are invited to download a smartphone app, making them identifiable and reachable based on geographic proximity to an emergency event, and enabling them to provide a first response. The identity and medical certifications of Life Guardians are verified. Those approved are provided basic equipment and supplies by the EMS. Upon emergency event verification, the event's characteristics, the volunteers' capabilities, and the expected arrival time of the ambulance and VFR are taken into the account [47, 65]. MDA tries not to overload Life Guardians, which may lead to burnout, and dispatches them only to high-priority events such as resuscitation, unconsciousness, choking, and severe trauma, when the expected time of arrival of an ambulance or a VFR is longer than the expected response time of OGS. The Life Guardians project differs from the aforementioned networks of volunteers [19-28] in that it is not condition-specific (other projects usually focus on a single condition, mostly OHCA). MDA requires and records existing medical background and doesn't provide any training. Similar to the Life Guardians program, Australia's Rural Emergency Responder Network (RERN) acts on a smaller scale by targeting the participation of general practitioners in rural areas [66].

### Methods

#### **Research model**

The study provides a qualitative formalization of technology-enabled OGS. This enables the formal analysis of the phenomenon whereby organizations leverage technology to integrate occasional volunteers into the network of first responders to emergency situations. A brief outline of the required technology is also presented.

The qualitative analysis is followed by a quantitative comparison of the professional background, demographics, and volunteering functions of traditional timedonation EMS volunteers versus those of OGS.

## Data collection

The sample for this study consisted of volunteers from a national EMS organization in Israel, Magen David Adom. It has an employed professional workforce of 2200 medical personnel, augmented by 20,000 certified time-donation volunteers and 17,000 certified OGS volunteers.

For this research a random representative sample of 800 TDV and 1000 OGS within MDA were surveyed. 331 (41%) valid responses were received from the time-donation volunteers and 601 (60%) valid responses were received from the OGS.

### **Research techniques**

Clary and Snyder's VFI instrument [52] was used to assess the volunteering functions of the two types of volunteers. Data was collected using Google Docs between March and May 2017. The VFI instrument consists of 30 statements, ranked on a 7-point Likert scale with responses ranging from 1: not at all important/accurate to 7: extremely important/accurate. Each volunteering function was scored based on five distinct statements in the instrument. The complete questionnaire is presented in Appendix.

For each response, the six motivational functions were calculated.

To assess the questionnaire's reliability, Cronbach's alpha analysis was used, with results indicating that the questionnaire is reliable (Table 1).

## Results

## Demographic data

Table 2 presents the gender and age statistics of the different types of volunteers.

A Z-test for differences in proportions revealed that the percentage of males is significantly (p-value = 0.000) higher in OGS (75.21%) than in TDV (45.92%).

A t-test for independent samples showed that OGS are significantly (p = 0.000) older (mean = 38.61 years) than TDV (mean = 24.4 years). The difference between the average age in the two samples is 14.21 years.

#### Professional backgrounds

Figure 1 compares the professional background of OGS and TDV.

The  $\chi^2$  test for independence showed the professional background of OGS and TDV to be significantly (*p*-value = 0.000) different. The proportion of physicians and nurses is much higher among OGS (12 and 13%, respectively) than among TDV (0.5 and 0.3%, respectively).

## Differences in volunteering functions

Figure 2 shows the differences in volunteering functions between TDV and OGS on a 7-point scale ranging from 1 (not at all important) to 7 (extremely important).

Table 1 Cronbach's alph	a values
-------------------------	----------

Function	Time donation	OGS	
Values	0.836	0.767	
Understanding	0.885	0.876	
Enhancement	0.859	0.840	
Career	0.889	0.906	
Social	0.698	0.753	
Protective	0.821	0.801	

Туре		Male	Female	Not reported	All
Time donation	Gender	152 (45.92%)	177 (53.47%)	2 (0.6%)	331 (100%)
	Average age <sup>a</sup>	25.33 (9.8)	23.44 (8.99)	49 (0)	24.4 (9.51)
OGS	Gender	452 (75.21%)	142 (23.63%)	7 (1.17%)	601 (100%)
	Average age <sup>a</sup>	38.32 (11.95)	39.4 (12.48)	56 (0)	38.61 (12.1)
All	Gender	604 (64.81%)	319 (34.23%)	9 (0.97%)	932 (100%)
	Average age <sup>a</sup>	35.68 (12.84)	31.18 (13.38)	41.67 (15.58)	34.27 (13.2)

Table 2 Gender and age

<sup>a</sup>Standard deviation is reported in parentheses

All six volunteering functions are higher for OGS than for the TDV. A t-test for independent samples was performed. The p-value for all functions was lower than 0.05, indicating that the differences in volunteering functions between the two groups are significant.

Table 3 presents a comparison of the motivational functions.

Table 4 presents the differences in the ranked importance of the volunteering functions.

### Moderation

## Gender and age

When the comparison was performed separately for males and females, the results were only slightly different. Two separate t-tests for independent samples were performed: one for males and one for females. For males, the differences in all functions except *values* are significant while for females the differences in all functions are significant.

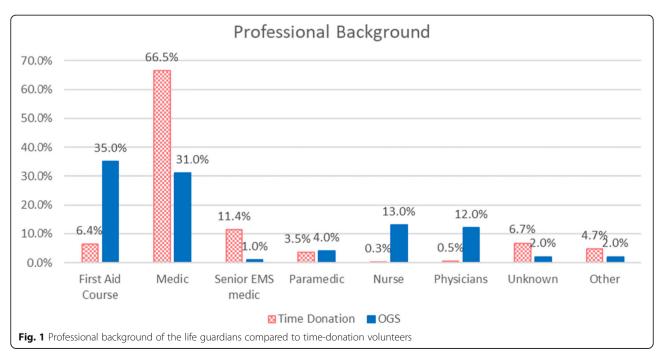
Since there are significant differences in the average age of TDV and OGS, the matched-pairs technique [67]

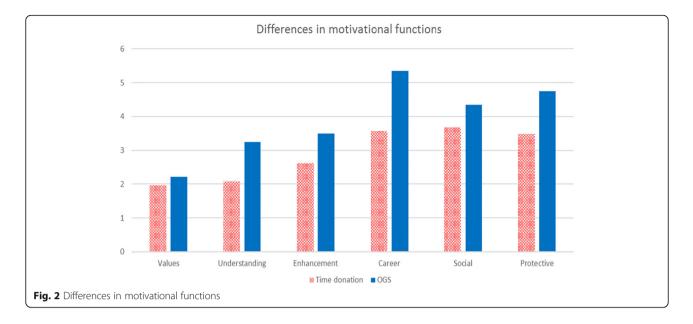
was used to match records by age and gender and perform paired-samples t-tests. Results suggest that there is no moderation by age and gender and that the differences in all volunteering functions except *values* are significant.

#### Length of service as a volunteer

The *Life Guardians* OGS project was launched in 2016 whereas many TDV have served for 10 years or more.

In order to check that length of service as a volunteer didn't affect our results, a t-test was performed comparing OGS with TDV with up to 2 years of experience. For all six variables, Levene's test of equality of variances provided a *p*-value > 0.05, meaning that in all t-tests the equality of variances can be assumed. The results of independent samples t-tests for each function are: *values* (t = 3.187, *p*-value = 0.001), *understanding* (t = 8.756, *p*-value = 0.000), *improvement* (t = 6.901, *p*-value = 0.000), *career* (t = 12.361, *p*-value = 0.000), *social* (t = 4.833, *p*-value = 0.000), *protective* (t = 11.091, *p*-value =





0.000). Accordingly, length of service as a volunteer doesn't affect the results and the differences remain significant.

## Multivariate analysis of the motivational differences between TDV and OGS

A principal component analysis revealed two possible components with high correlations between the variables and the component, and thus no variables were omitted. A binary logistic regression with a dependent variable representing the type of volunteering (OGS vs. TDV) and independent variables, including age, gender, and the six volunteering functions resulted in a significant model (*p*-value = 0.000) where the Cox and Snell pseudo  $R^2 = 0.375$  and the Nagelkerke pseudo  $R^2 = 0.519$ . Table 5 presents the results of the regression analyses.

The correlation matrix did not show any strong correlations between independent variables, and thus no multicollinearity is suspected.

#### J48 classification tree analysis

In order to analyze the factors that influence one's decision to become a TDV or an OGS, the J48 classification tree analysis [68] was performed. The tree correctly classified 78.9% of the cases, as shown in Fig. 3.

### Transition of volunteers between TDV and OGS

80% of OGS surveyed expressed willingness to become time-donation volunteers. Results also show that 28.3% of OGS were former TDV in MDA (MDA doesn't allow active TDV to concurrently serve as OGS).

## Discussion

## **Organized good Samaritans**

It is helpful to characterize OGS within a broader taxonomy of volunteers, as shown in Fig. 4. The timedonation volunteers are the most organized part of the pyramid. They are an integral part of the EMS personnel, wear a uniform, must successfully complete courses and certifications offered by EMS, and can be promoted within the EMS organization. The Good Samaritans at the base of the pyramid are occasional volunteers: any layperson who witnesses an emergency can, and in many countries is obligated to, provide help to a person in distress. Organized Good Samaritans are a hybrid of the aforementioned two types of volunteers. On the one hand, they do not have scheduled shifts to attend or a uniform to wear, but on the other hand, they are not fully occasional: by joining the program, they greatly increase their chances of involvement in the organization's life-saving activities.

Another important difference is that Organized Good Samaritans are vetted and only people that meet EMS

Table 3 Differences in motivational functions between TDV and OGS

	Values	Understanding	Enhancement	Career	Social	Protective	Average
TDV	1.96	2.07	2.62	3.57	3.67	3.49	2.90
OGS	2.21	3.24	3.50	5.35	4.35	4.75	3.40
Difference (points)	0.24	1.17	0.88	1.78	0.68	1.26	1

 Table 4 Differences in the ranked importance of volunteering functions

TDV	OGS
Social (3.67)	Career (5.35)
Career (3.57)	Protective (4.75)
Protective (3.49)	Social (4.35)
Enhancement (2.62)	Enhancement (3.50)
Understanding (2.07)	Understanding (3.24)
Values (1.97)	Values (2.21)

requirements can join the program. The managing organization can provide its OGS with some training and equipment or supplies. For example, the MDA provides the *Life Guardians* with basic equipment, supplies, and a certificate that allows access to emergency scenes in the event that it becomes a restricted area.

## Potential transition between volunteer categories

The upward arrow in Fig. 4 represents two potential transitions: occasional Good Samaritans with a medical background who become Organized Good Samaritans in order to increase their chances of involvement in the organization's life-saving activities; and Organized Good Samaritans who become time-donation volunteers. As we already mentioned, in this survey, 80% of the OGS expressed willingness to become time-donation volunteers.

The downward arrow in Fig. 4 represents two potential transitions: Organized Good Samaritans who return to the status of occasional Good Samaritans because they are not interested in continuing with the program; and time-donation volunteers who transition to OGS because they are not able to continue to donate time on a regular daily, weekly, or monthly schedule, but still want to volunteer albeit in a less binding framework. As previously mentioned, our sample showed 28.3% of the OGS were former TDV in MDA.

Table 5 Results of the binary logistic regression

Variable	$\beta$ (estimate) <sup>a</sup>	95% CI	Wald $\chi 2$	Р		
Age	-0.104	-0.126 to -0.082	86.316	0.000		
Gender	1.312 <sup>b</sup>	0.919 to 1.706	42.813	0.000		
Values	0.263	0.033 to 0.492	5.023	0.025		
Understanding	-0.578	-0.824 to -0.333	21.407	0.000		
Enhancement	0.404	0.17 to 0.639	11.429	0.001		
Social	-0.238	-0.423 to -0.054	6.438	0.011		
Protective	-0.16	-0.336 to 0.017	3.13	0.077		
Career	-0.114	-0.269 to 0.041	2.081	0.149		

<sup>a</sup>Positive  $\beta$  values are associated with a higher probability of becoming a TDV and negative  $\beta$  values are associated with a higher probability become becoming an OGS

<sup>b</sup>Males had a higher probability of becoming an OGS than a TDV

Clearly, TDV and OGS may also serve as occasional Good Samaritans when they are off duty and spontaneously encounter an emergency situation in which they can help. Understanding movement between volunteer categories should be the focus of future research.

## Differences in the professional background and demographic characteristics of OGS and TDV

The gender distribution is significantly different between OGS and TDV. This finding is consistent with previous studies that found gender differences in bystander response behavior [69], emergency response [70], OGS response [71] and EMS providers [72]. This can be explained by the fact that while TDV act as a team, OGS have to act alone.

Our finding that TDV are significantly younger than OGS is not surprising because in the case of MDA many TDV are young people, even high school students. OGS are primarily mid-career medical professionals who do not have enough time to donate and are looking for a less binding form of volunteering. This finding differs from previous studies that have found that the average age of emergency services volunteers is increasing, due to sociological changes such as two-income families and longer working hours [10, 73].

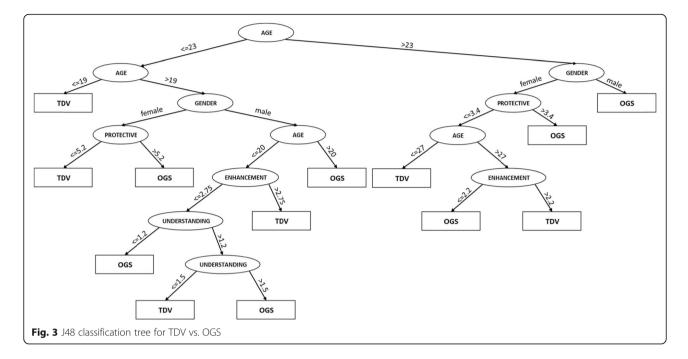
We also find that the proportion of physicians and nurses is much higher in OGS than in TDV. Previous studies have found that physicians are half as likely to volunteer as the general public, that they cite lack of time as the primary barrier to volunteering [74], and that full-time employment reduces the probability of volunteering [75]. It seems that the OGS platform provides a volunteering opportunity to those who are not able to serve as TDV.

## Differences in volunteering functions

Significant differences between the volunteering functions of OGS and TDV can be explained by several complementary factors.

Most time-donation volunteers have non-medical careers. By contrast, most OGS are active medical professionals for whom professional achievement or clinical practice might be a more important priority, as noted in previous studies [76, 77]. Related findings were observed by Switzer et al. who compared motivational factors between medical students and the general population of volunteers and found that the importance of *career* was significantly higher among medical students [78].

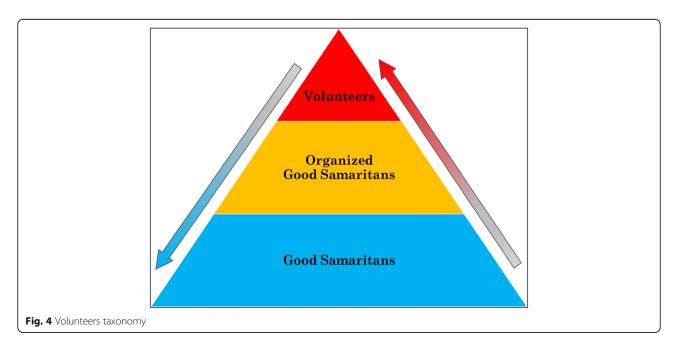
The high importance of the *social* function for TDV can be explained by the intensive social interaction that TDV experience during their shifts, training, and other activities organized by the EMS. By contrast, OGS do not participate in such social activities or work in shifts during which they would meet other volunteers.



Time-donation volunteers expect emergency events during their shifts. By contrast, OGS perform their daily activities until they are notified of an emergency, and hence their response is spontaneous. Kulik at al. found significant differences in motivational factors between spontaneous and organized volunteers [55].

#### Volunteering functions differences and their magnitude

The differences between OGS and TDV in all volunteering functions except *values* are significant. OGS were found to have higher motivation in all six factors. However, the magnitude of these differences varies among the volunteering functions. As can be seen in Table 3, the average difference is 1 point or 34%. The highest (above the average) differences are observed in the *understanding, career*, and *protective* functions while the lowest (below the average) differences are observed in the *enhancement, social,* and *values* functions (the difference in *values* is not statistically significant). We conclude that overall OGS are more highly motivated than TDV, but the most significant differences are in the *understanding, career,* and *protective* functions.



*Values* shows no significant difference between OGS and TDV. The relatively low importance of this function for both groups of volunteers does not match the results of previous studies [52, 57, 63, 78] and is surprising. Further research is needed to investigate this finding, which lies beyond the scope of the present study.

**Understanding** is significantly higher in OGS than in TDV. The difference has a high magnitude, 1.17 points or 56%, but its relative importance is low, fifth place for both groups of volunteers. Volunteer satisfaction is influenced by matching activities to motivations [79]. Opportunities to learn and develop new skills are an effective tool for volunteer retention [80]. Thus, the implication of this finding is that provision of nonmandatory training by the EMS to OGS may be useful in OGS recruitment and retention.

**Enhancement** is significantly higher in OGS than in TDV. However, this function was found to be less important for both groups of volunteers (fourth place) and the magnitude of the difference between the groups is relatively low at 0.88 points or 33%. The implication of this finding is that enhancement-oriented activities by administrators of EMS organizations, such as raising the self-esteem of the volunteers, can be more effective for recruitment and retention of OGS than for TDV.

*Career* is significantly higher in OGS than in TDV. This function ranked as most important for OGS and second in importance for TDV. The magnitude of the difference between OGS and TDV is high at 1.78 points or 50%. The implication of this finding is that administrators of EMS organizations should exploit this phenomenon in order to improve recruitment and retention of volunteers. Specifically, EMS organizations can establish partnerships with employers of OGS, which can lead to higher participation rates. For example, MDA works in collaboration with the Israeli Defense Forces Medical Corps in an effort to encourage army medics, paramedics, and nurses to join the Life Guardians.

*Social*, surprisingly, was found to be significantly higher in OGS than in TDV in spite of the fact that OGS have no regular meetings or social activities like TDV. On the other hand, the relative importance of this function is as expected as *social* ranked highest in importance for TDV and only third in importance for OGS. The magnitude of the difference is low at 0.68 points or 18% (compared to an average magnitude of 1 point or 34%). Further research is needed in order to investigate the causes of this unexpected difference.

**Protective** is significantly higher in OGS than in TDV. This function ranked second in importance for OGS and third in importance for TDV. The magnitude of the difference is relatively high at 1.26 points or 36%. The implication of this finding is that protective-oriented activities designated for recruitment and retention of volunteers can be more effective for OGS than for TDV. Most results of the binary logistic regression are consistent with the results of other techniques applied and complement them. Specifically, the probability of becoming a TDV was higher for individuals with higher *enhancement* and *values* volunteering functions. The lower importance of the *enhancement* volunteering function for OGS can be explained by the fact that OGS are older and many of them are certified medical professionals. While other techniques didn't reveal a significant difference in the *values* volunteering function, the binary logistic regression suggests that the *values* volunteering function is more important for TDV than OGS.

The results of the J48 classification tree analysis are consistent with our previous findings and thus strengthen them.

#### Limitations

This research examines one national EMS. Cultural differences can lead to different results in other countries, as observed by Anheier and Salamon [81]. Multinational research may be useful to explore how cultural differences influence the volunteering functions of different groups of volunteers.

This study is limited to factors related to volunteer motivation, but does not address the effectiveness of different types of volunteers in emergency situations. The effectiveness of OGS should be studied along two dimensions: response time, i.e., in what percentage of cases do OGS arrive significantly earlier than the ambulance, and medical outcome, i.e., how does intervention by OGS influence survival rates and prognosis.

#### Conclusion

This study revealed that Organized Good Samaritans form a separate category of volunteers. They differ from Time-Donation Volunteers in demography, professional background, and volunteering functions.

In emergency response services, as in many fields, technological developments and social changes alter the ways organizations act and the way society responds. In the constant effort to provide faster response times and save lives, the Organized Good Samaritans approach has the potential to become an important layer in emergency response infrastructure, extending the organization outward, and augmenting traditional methods with provision of faster first aid by a volunteer with better skills than a random bystander. Smartphone-based Organized Good Samaritans platforms provide an opportunity to volunteer to those who cannot donate time every week, but still want to help. Organized Good Samaritans can transition to become time-donation volunteers. The Organized Good Samaritans approach may be relevant in additional emergency management organizations, such as firefighters, rescue units, and even law enforcement.

This research described and formalized the Organized Good Samaritans approach emerging from recent technological and sociological developments. The results of this study provide important insights into Emergency Medical Services administrators and should enhance their ability to retain existing volunteers and recruit new ones, by adjusting their methods for each group of volunteers. Emergency Medical Services administrators can use these findings when considering and planning to introduce the Organized Good Samaritans approach.

## Appendix

**Table 6** Survey instrument – Clary and Snyder's volunteer functions inventory

1. Volunteering can help me to get my foot in the door at a place where  ${\sf I}$  would like to work.

2. My friends volunteer.

- 3. I am concerned about those less fortunate than myself.
- 4. People I'm close to want me to volunteer.
- 5. Volunteering makes me feel important.
- 6. People I know share an interest in community service.

7. No matter how bad I've been feeling, volunteering helps me to forget about it.

8. I am genuinely concerned about the particular group I am serving.

9. By volunteering I feel less lonely.

10. I can make new contacts that might help my business or career.

11. Doing volunteer work relieves me of some of the guilt over being more fortunate than others.

- 12. I can learn more about the cause for which I am working.
- 13. Volunteering increases my self-esteem.
- 14. Volunteering allows me to gain a new perspective on things.
- 15. Volunteering allows me to explore different career options.
- 16. I feel compassion toward people in need.

17. Others with whom I am close place a high value on community service

18. Volunteering lets me learn things through direct, hands-on experience.

- 19. I feel it is important to help others.
- 20. Volunteering helps me work through my own personal problems.
- 21. Volunteering will help me to succeed in my chosen profession.
- 22. I can do something for a cause that is important to me.
- 23. Volunteering is an important activity to the people I know best.
- 24. Volunteering is a good escape from my own troubles.
- 25. I can learn how to deal with a variety of people.
- 26. Volunteering makes me feel needed.
- 27: Volunteering makes me feel better about myself.
- 28. Volunteering experience will look good on my resume
- 29. Volunteering is a way to make new friends
- 30. I can explore my own strengths.

#### Abbreviations

EMS: Emergency Medical Services; OGS: Organized Good Samaritans; TDV: Time-Donation Volunteers; OHCA: Out-of-Hospital Cardiopulmonary Arrest; CPR: Cardiopulmonary Resuscitation; MDA: Magen David Adom (Israel National EMS); AED: Automatic External Defibrillator; CFR: Community First Responder Group; EMT: Emergency Medical Technician; VFI: Volunteer Functions Inventory; RERN: Rural Emergency Responder Network; IDF: Israeli Defense forces

#### Acknowledgements

Not applicable.

#### Software information

SPSS version 24 (IBM Corp. Released 2016. IBM SPSS Statistics for Windows, Version 24.0. Armonk, NY: IBM Corp.) was used to prepare descriptive statistics and perform t-tests,  $\chi^2$  test, Z-test, and binary logistic regression. WEKA version 3.8 was used to perform the J48 classification tree analysis (WEKA was developed by the University of Waikato in New Zealand).

#### Authors' contributions

MK conceptualized the study, conducted the study of related work, performed the analysis of the data, and was the major contributor in writing the manuscript. DS supervised MK's work, made major contributions to the discussion section, and revised the manuscript. RH collected the data used for this research and contributed to the analysis of the data. EJ designed the methodology of the study, made major contributions to the discussion section, and revised the manuscript. All authors read and approved the final manuscript.

#### Funding

The authors received no funding for this research.

#### Availability of data and materials

The data used for this research can be obtained from the corresponding author by sending a request by e-mail.

#### Ethics approval and consent to participate

The research was approved by the research committee of MDA.

#### Consent for publication

Not applicable.

#### **Competing interests**

The authors declare that they have no competing interests.

#### Author details

<sup>1</sup>Graduate School of Business Administration, Bar-Ilan University, Ramat Gan, Israel. <sup>2</sup>Magen David Adom, Tel Aviv, Israel.

#### Received: 22 May 2019 Accepted: 9 March 2020 Published online: 02 June 2020

#### References

- Hansen CM, Kragholm K, Pearson DA, Tyson C, Monk L, Myers B, et al. Association of bystander and first-responder intervention with survival after out-of-hospital cardiac arrest in North Carolina, 2010-2013. JAMA. 2015; 314(3):255–64.
- Hasselqvist-Ax I, Riva G, Herlitz J, Rosenqvist M, Hollenberg J, Nordberg P, et al. Early cardiopulmonary resuscitation in out-of-hospital cardiac arrest. N Engl J Med. 2015;372(24):2307–15.
- Sulovic LS, Pavlovic AP, Zivkovic JB, Zivkovic ZN, Filipovic-Danic SS, Trpkovic SV. Accidental drowning: the importance of early measures of resuscitation for a successful outcome [Internet]. Case Rep Emerg Med. 2018; [cited 2019 Aug 3]. Available from: https://www.hindawi.com/journals/criem/2018/ 7525313/abs/. https://doi.org/10.1155/2018/7525313.
- Fitch J. Response times: myths, measurement and management. JEMS. 2015;30:47–56 [cited 2019 Aug 3]; Available from: https://www.jems.com/ articles/2005/08/response-times-myths44-measure.html.
- 5. Rivera NT, Kumar SL, Bhandari RK, Kumar SD. Disparities in survival with bystander CPR following cardiopulmonary arrest based on neighborhood

characteristics. Emerg Med Int. 2016;2016. https://doi.org/10.1155/2016/ 6983750.

- Pew Research Center. "The smartphone difference" [Internet]. 2015. Available from: http://www.pewinternet.org/2015/04/01/us-smartphoneuse-in-2015/.
- Goldschmidt R. Privacy issues in smartphones. Jerusalem: The Knesset Research and Information Center; 2016.
- Chapman SA, Lindler V, Kaiser JA, Nielsen CS, et al. EMS Workforce for the 21st century: a national assessment 1. 2008; Available from: http://citeseerx. ist.psu.edu/viewdoc/summary?doi=10.1.1.570.7542.
- Haug JC, Gaskins JN. Recruiting and retaining volunteer EMTs: from motivation to practical solutions. Int J Sociol Soc Policy. 2012;32(3/4): 197–213.
- Pearce AP. Emergency medical services at the crossroads. London: British Association for Accident and Emergency Medicine; 2009 [cited 2017 Apr 25]. Available from: http://emj.bmj.com/content/26/9/685.extract.
- Ambulancezorg Nederland. Ambulance care in Europe [Internet]. 2010 [cited 2017 May 26]. Available from: http://www.eena.org/uploads/gallery/ files/pdf/report-ambulancecare-in-europe-jan-2010%20(1).pdf.
- March JA, Ferguson JD. Volunteer EMS systems. 2009 [cited 2017 Apr 25]; Available from: http://emergencymedicine.health.pitt.edu/sites/default/files/ Volunteer%20EMS%20Systems.pdf.
- 13. Burt E, Taylor J. When "virtual" meets values: insights from the voluntary sector. Inf Commun Soc. 2001;4(1):54–73.
- Kitamura T, Kiyohara K, Sakai T, Matsuyama T, Hatakeyama T, Shimamoto T, et al. Public-access defibrillation and out-of-hospital cardiac arrest in Japan. N Engl J Med. 2016;375(17):1649–59.
- Kiyohara K, Kitamura T, Sakai T, Nishiyama C, Nishiuchi T, Hayashi Y, et al. Public-access AED pad application and outcomes for out-of-hospital cardiac arrests in Osaka, Japan. Resuscitation. 2016;106:70–5.
- Murakami Y, Iwami T, Kitamura T, Nishiyama C, Nishiuchi T, Hayashi Y, et al. Outcomes of out-of-hospital cardiac arrest by public location in the publicaccess defibrillation era. J Am Heart Assoc. 2014;3(2):e000533.
- Nakahara S, Tomio J, Ichikawa M, Nakamura F, Nishida M, Takahashi H, et al. Association of bystander interventions with neurologically intact survival among patients with bystander-witnessed out-of-hospital cardiac arrest in Japan. JAMA. 2015;314(3):247–54.
- Claesson A, Bäckman A, Ringh M, Svensson L, Nordberg P, Djärv T, et al. Time to delivery of an automated external defibrillator using a drone for simulated out-of-hospital cardiac arrests vs emergency medical services. JAMA. 2017;317(22):2332–4.
- Elsner J, Meisen P, Thelen S, Schilberg D, Jeschke S. EMuRgency–a basic concept for an AI Driven volunteer notification system for integrating laypersons into emergency medical services. Int J Adv Life Sci. 2013;5(3 and 4):223–36.
- Folke F, Lippert FK, Nielsen SL, Gislason GH, Hansen ML, Schramm TK, et al. Location of cardiac arrest in a city center strategic placement of automated external defibrillators in public locations. Circulation. 2009;120(6):510–7.
- Marshall AH, Cairns KJ, Kee F, Moore MJ, Hamilton AJ, Adgey AAJ. A Monte Carlo simulation model to assess volunteer response times in a public access defibrillation scheme in Northern Ireland. In: 19th IEEE International Symposium on Computer-Based Medical Systems, 2006 CBMS 2006. 2006. p. 783–8.
- Rea T, Blackwood J, Damon S, Phelps R, Eisenberg M. A link between emergency dispatch and public access AEDs: potential implications for early defibrillation. Resuscitation. 2011;82(8):995–8.
- Sakai T, Iwami T, Kitamura T, Nishiyama C, Kawamura T, Kajino K, et al. Effectiveness of the new 'Mobile AED Map'to find and retrieve an AED: a randomised controlled trial. Resuscitation. 2011;82(1):69–73.
- 24. Takei Y, Kamikura T, Nishi T, Maeda T, Sakagami S, Kubo M, et al. Recruitments of trained citizen volunteering for conventional cardiopulmonary resuscitation are necessary to improve the outcome after out-of-hospital cardiac arrests in remote time-distance area: a nationwide population-based study. Resuscitation. 2016;105:100–8.
- Smith CM, Wilson MH, Ghorbangholi A, Hartley-Sharpe C, Gwinnutt C, Dicker B, et al. The use of trained volunteers in the response to out-ofhospital cardiac arrest – the GoodSAM experience. Resuscitation. 2017; 121:123–6.
- Berglund E, Claesson A, Nordberg P, Djärv T, Lundgren P, Folke F, et al. A smartphone application for dispatch of lay responders to out-ofhospital cardiac arrests. Resuscitation. 2018;126:160–5 [cited 2018 Feb

21]; Available froem: http://www.sciencedirect.com/science/article/pii/S03 00957218300480.

- Pijls RWM, Nelemans PJ, Rahel BM, Gorgels APM. A text message alert system for trained volunteers improves out-of-hospital cardiac arrest survival. Resuscitation. 2016;105:182–7.
- Khalemsky M, Schwartz DG, Silberg T, Khalemsky A, Jaffe E, Herbst R. Childrens' and parents' willingness to join a smartphone-based emergency response Community for Anaphylaxis: survey. JMIR mHealth and uHealth. 2019;7(8):e13892.
- Khalemsky M, Schwartz DG. Emergency response community effectiveness: a simulation modeler for comparing emergency medical services with smartphone-based Samaritan response. Decis Support Syst. 2017;102:57–68.
- Bennett S, Banyard VL, Garnhart L. To act or not to act, that is the question? Barriers and facilitators of bystander intervention. J Interpers Violence. 2014; 29(3):476–96.
- Darley JM, Latane B. Bystander intervention in emergencies: diffusion of responsibility. J Pers Soc Psychol. 1968;8(4p1):377.
- Latane B, Darley JM. The unresponsive bystander. New Jersey: why doesn't he help? Prentice Hall; 1970. p. 131.
- Latane B, Rodin J. A lady in distress: inhibiting effects of friends and strangers on bystander intervention. J Exp Soc Psychol. 1969;5(2):189–202.
- Wissenberg M. Association of National Initiatives to improve cardiac arrest management with rates of bystander intervention and patient survival after out-of-hospital cardiac arrest. JAMA. 2013;310(13):1377.
- Peterson C. Be safe, be prepared: emergency system for advance registration of volunteer health professionals in disaster response. Online J Issues Nurs. 2006;11(3):3 Available from: http://search.proquest.com/ openview/9ff0b3ea4fbb33ba63c595dce2e4304d/1?pq-origsite= gscholar&cbl=43860.
- Burkholder TW, King RA. Emergency physicians as good Samaritans: survey of frequency, locations, supplies and medications. West J Emerg Med. 2016; 17(1):15.
- 37. Garneau WM, Harris DM, Viera AJ. Cross-sectional survey of good Samaritan behaviour by physicians in North Carolina. BMJ Open. 2016;6(3):e010720.
- Williams K. Doctors as good Samaritans: some empirical evidence concerning emergency medical treatment in Britain. J Law Soc. 2003;30(2): 258–82.
- Reuter SR. Physicians as good Samaritans: should they receive immunity for their negligence when responding to hospital emergencies? J Legal Med. 1999;20(2):157–93.
- 40. Varshney U. Pervasive healthcare computing: EMR/EHR, wireless and health monitoring. New York: Springer Science & Business Media; 2009. [cited 2017 Apr 28]. Available from: https://www.google.com/books?hl=en&lr=&id=f5 NoQDpVy8oC&oi=fnd&pg=PA1&dq=pervasive+healthcare+computing&ots= 3gxy-ISfJL&sig=SL6iZ8WKU24kNs36IDymP1IUP0Y.
- Swan M. Emerging patient-driven health care models: an examination of health social networks, consumer personalized medicine and quantified self-tracking. Int J Environ Res Public Health. 2009;6(2):492–525.
- Varshney U. Mobile health: four emerging themes of research. Decis Support Syst. 2014;66:20–35.
- PulsePoint [Internet]. PulsePoint. [cited 2019 Apr 20]. Available from: https:// www.pulsepoint.org/.
- AllergyHero [Internet]. [cited 2019 Apr 20]. Available from: https://www. facebook.com/AllergyHero/.
- UNITYPHILLY give naloxone, save a life [Internet]. UNITYPHILLY Give naloxone, save a life. [cited 2019 Apr 20]. Available from: https://www. unityphilly.org/.
- Gaziel Yablowitz M, Schwartz DG. A review and assessment framework for mobile based emergency intervention apps. ACM Comput Surv. 2018;51(1):1–32.
- 47. Jaffe E, Dadon Z, Alpert EA. Wisdom of the crowd in saving lives: the life guardians app. Prehosp Disaster Med. 2018;35:1–3.
- Dury S, De Donder L, De Witte N, Buffel T, Jacquet W, Verté D. To volunteer or not: the influence of individual characteristics, resources, and social factors on the likelihood of volunteering by older adults. Nonprofit Volunt Sect Q. 2015;44(6):1107–28.
- 49. Gutierrez IA, Mattis JS. Factors predicting volunteer engagement among urban-residing African American women. J Black Stud. 2014;45(7):599–619.
- Wu W-N, Tsai C-C. What motivates citizens to volunteer in schools? Determinants in the local context. Educ Urban Soc. 2017;50:769–92 0013124517714308.

- Brayley N, Obst PL, White KM, Lewis IM, Warburton J, Spencer NM. Examining the predictive value of combining the theory of planned behaviour and the volunteer functions inventory. Aust J Psychol. 2015; 67(3):149–56.
- Clary EG, Snyder M. The motivations to volunteer: theoretical and practical considerations. Curr Dir Psychol Sci. 1999;8(5):156–9.
- Dunn J, Chambers SK, Hyde MK. Systematic review of motives for episodic volunteering. Voluntas. 2016;27(1):425–64.
- 54. Kulik L. Volunteering during an emergency: a life stage perspective. Nonprofit Volunt Sect Q. 2017;46(2):419–41.
- Kulik L, Arnon L, Dolev A. Explaining satisfaction with volunteering in emergencies: comparison between organized and spontaneous volunteers in operation protective edge. Voluntas. 2016;27(3):1280–303.
- Lavelle JJ. What motivates OCB? Insights from the volunteerism literature. J Organiz Behav. 2010;31(6):918–23.
- Unger LS. Altruism as a motivation to volunteer. J Econ Psychol. 1991;12(1): 71–100.
- Studer S, von Schnurbein G. Organizational factors affecting volunteers: a literature review on volunteer coordination. Voluntas. 2013;24(2):403–40.
- Clary EG, Snyder M, Ridge R. Volunteers' motivations: a functional strategy for the recruitment, placement, and retention of volunteers. Nonprofit Manag Leadersh. 1992;2(4):333–50.
- Forbes D, Bussell H. Understanding the volunteer market: Thewhat, where, who and why of volunteering. Int J Nonprofit Volunt Sect Mark. 2002;7(3):244.
- Houle BJ, Sagarin BJ, Kaplan MF. A functional approach to volunteerism: do volunteer motives predict task preference? Basic Appl Soc Psychol. 2005; 27(4):337–44.
- 62. Anderson JC, Moore LF. The motivation to volunteer. Nonprofit Volunt Sect Q. 1978;7:120–9.
- Stukas AA, Hoye R, Nicholson M, Brown KM, Aisbett L. Motivations to volunteer and their associations with volunteers' well-being. Nonprofit Volunt Sect Q. 2016;45(1):112–32.
- 64. Timmons S, Vernon-Evans A. Why do people volunteer for community first responder groups? Emerg Med J. 2013;30:e13.
- 65. Levis E. Magen David Adom launches "life guardian program" to bolster existing emergency response services. New York: American Friends of Magen David Adom; 2016. [cited 2017 May 26]. Available from: https:// afmda.org/magen-david-adom-launches-life-guardian-program-to-bolsterexisting-emergency-response-services/.
- Leeuwenburg T, Hall J. Tyranny of distance and rural prehospital care: is there potential for a national rural responder network? Emerg Med Australas. 2015;27(5):481–4.
- 67. Levine G, Parkinson S. Experimental methods in psychology. Hove: Psychology Press; 2014. p. 578.
- Rokach L, Maimon OZ. Data mining with decision trees: theory and applications. Singapore: World Scientific; 2008. p. 263.
- Jenkins LN, Nickerson AB. Bystander intervention in bullying: role of social skills and gender. J Early Adolesc. 2017;39(2):0272431617735652.
- Phillips B. Gender as a variable in emergency response. The Loma Prieta earthquake: studies of short-term impacts; 1990. p. 84–90.
- Zijlstra JA, Beesems SG, De Haan RJ, Koster RW. Psychological impact on dispatched local lay rescuers performing bystander cardiopulmonary resuscitation. Resuscitation. 2015;92:115–21.
- 72. Sporer CR. Sex differences in stress, burnout and coping in emergency medical service providers. New York: CUNY Academic Works; 2016. p. 225.
- McLennan J, Birch A. Why would you do it? Age and motivation to become a fire service volunteer. Australas J Organ Psychol. 2008;1:7–11.
- 74. Eid T. Why do physicians volunteer at Medical Schools and Free Clinics? [Internet] [Thesis]. The University of Arizona.; 2018 [cited 2018 Jul 22]. Available from: https://repository.arizona.edu/handle/10150/627153.
- Grande D, Armstrong K. Community volunteerism of US physicians. J Gen Intern Med. 2008;23(12):1987–91.
- Darves B. Physician volunteer work. Waltham: NEJM CareerCenter, 2011. [cited 2018 Jul 21]. Available from: http://www.nejmcareercenter.org/article/ physician-volunteer-work/.
- Elseed E. Volunteerism among physicians: motivational causes and reaped benefits; 2012.
- Switzer CL, Switzer GE, Stukas AA, Baker CE. Medical student motivations to volunteer. J Prev Interv Commun. 1999;18(1–2):53–64.

- Stukas AA, Snyder M, Clary EG. Understanding and encouraging volunteerism and community involvement. J Soc Psychol. 2016;156(3): 243–55.
- Newton C, Becker K, Bell S. Learning and development opportunities as a tool for the retention of volunteers: a motivational perspective. Hum Resour Manag J. 2014;24(4):514–30.
- Anheier HK, Salamon LM. Volunteering in cross-national perspective: initial comparisons. Law Contemp Probs. 1999;62:43.

## **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

#### Ready to submit your research? Choose BMC and benefit from:

- · fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

#### At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

